

ENERGY MENTORING PROGRAM

REQUIREMENTS FOR CERTIFICATE OF COMPLETION

General Requirements:

Knowledge of chakras and energy; how to scan and track blocked energy; identification of various kinds of energies, including thought forms, emotions, and legacy burdens; and read student workbook. Demonstrated skills in tracking and releasing energy blocks; holding steady alignment to soul; A.R.T.; and other skills developed to enhance therapy practice.

Specific Requirements:

120 hours Mentoring/classes; can include mentoring classes, assisting at workshops, advanced retreats, observing/participating in client sessions, *Light Body* classes

10 sessions Personal sessions with Cindy, a peer, or other energy worker.

30 sessions Energy sessions given to clients, friends, etc.

3 sessions Observed sessions; holding an energy session with feedback.

Additional Training:

Awakening Your Light Body

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Satisfaction of Requirements for Certificate of Completion

Name _____ Date Submitted _____

MENTORING/CLASSES (120 hours) – *attach additional pages*

Date	Type/Location	Hours

PERSONAL SESSIONS (10) – *attach summary of each session*

Date	Location/Address	Signature of Therapist	Hours

ENERGY SESSIONS (30) – *attach additional pages*

Date	Location/Address	Client Name	Hours

OBSERVED SESSIONS (3)

Date	Location/Address	Signature of Observer	Hours