

Date • Time • Location

Saturday, May 2, 2009
9:00am – 2:00pm
Inside Out Studio
5115 N. Ravenswood Ave., 2nd Flr.
Chicago, IL 60640

Registration • Information

Group size is limited, so register early to reserve your space! Four CEU's are available. Add \$10 to your registration fee for a CEU certificate. Some sliding fees available. For more info, contact Cindy Libman at (952) 922-7679 or cindylib2@aol.com.

Facilitator



Cindy Libman, LICSW, LMFT, CAEH, is a psychotherapist and advanced energy healer who has been counseling individuals, couples, and therapists for over 27 years. She is a certified graduate of the *Inner Focus School for Soul Directed Advanced Energy Healing*, a registered *Light Body* advanced instructor, and is trained in many meditation practices. Cindy has developed a unique and powerful blend of energy and psychotherapy techniques, combined with spiritual practices drawn from mystical tradition. She offers ongoing mentoring programs for therapists, as well as workshops/retreats all over the country, including *Awakening Your Light Body*, *Creating the Life You Want*, and *Living the Sacred*, where she uses her intuitive teaching style to create extraordinarily empowering and transformational learning experiences. She is co-author of the *Heart's Calling* article series, and author of *Meditations I*, *Meditations II*, *Meditations for New Meditators and Teens/Young Adults*, and *Meditations 2009*. Dedicated to helping people reach their full potential and to raising spiritual consciousness, Cindy maintains a private practice in the Twin Cities area. www.cindylibman.com

Creating the Life You Want: *Opening Possibilities*



This workshop is open to anyone who is ready to expand consciousness and create the life they want. You will learn how to connect with the matrix wave – *the wave of creation* – and manifest from that place. By using focused intention, merging with the wave, and letting go, all things become possible. This life force energy is omnipresent and available.

Join a dynamic group and learn new tools and spiritual practices to help you heal yourself and others, transform situations, and co-create your life. Come prepared to have some new experiences and learn skills that you can use on your own after the workshop with extraordinary results.

Using the wave from Matrix Energetics as developed by Richard Bartlett, you will learn how to:

- Manifest health, joy, ease
- Free up stuck places
- Unfold your highest potential
- Transform through your heart

REGISTRATION FORM

**Creating the Life You Want
May 2, 2009**

*Mail this form with check no later than April 22nd to:
Cindy Libman, 6550 York Ave. S., #207, Edina, MN 55435*

Name _____ Phone _____

Phone _____ Email _____

Mailing Address _____

\$ 80 Workshop Fee
\$ _____ Add \$10 for CEU Certificate
\$ _____ Total

Lunch is on your own or can be ordered in